

SG4: 05 Training DVD

Preventing Falls in Scaffolding and Falsework

NASC

NATIONAL ACCESS & SCAFFOLDING
CONFEDERATION

"The Health & Safety Executive welcomes the work that has been done by the NASC in producing the SG4 Guidance. The HSE will continue to work with the NASC to encourage the scaffolding industry to embrace the SG4 guidance and continue to raise safety standards and reduce accident rates".

Justine Lee, Health and Safety Executive

Falls from height account for more than half of fatal accidents in construction, and scaffolders when erecting, altering or dismantling scaffolding and falsework are constantly faced with a risk of falling. The NASC acknowledges that scaffolders have to work in hazardous situations, and this DVD explains that employers have a responsibility to ensure that adequate measures are provided for employees to eliminate or minimise those risks.

This training DVD has been produced as a basic 'Users' guide to support the more comprehensive management guidance 'Preventing falls in scaffolding and falsework' (SG4:05).

The aim of this DVD is to highlight the basic requirements and principles of fall prevention and protection that can be adopted by scaffolders and their employers, when planning and undertaking scaffolding operations, in accordance with SG4:05.



The SG4:05 DVD is not exhaustive and does not feature every scaffolding and falsework application, however it has been designed so that the basic principles contained within the guide can be applied as solutions to most scaffolding operations.

The DVD gives consideration to product innovations in fall prevention technology for use in conjunction with the hierarchy of control for determining how to work at height safely as set out in the Work at Height Regulations 2005.



The DVD simply and effectively details how both management, supervisors and operatives can work to the latest guidance on scaffolding assembly, SG4:05.

Content on the DVD includes:

Planning

- What your employer needs to do
- Scaffolders responsibilities
- Design drawings

Fall Prevention

- Working Platforms

Safe Systems of Work When Erecting Independent Scaffolds

- Basic method of working
- Scaffolders receiving materials and fixing (unprotected)
- Scaffolders transferring materials and fixing (unprotected)
- Birdcage scaffold method of work
- Double fall arrest lanyards
- Inertia reels
- Horizontal line systems
- Advanced guard-rail systems
- Alternative fall prevention systems
- Use of Mobile Elevating Work Platforms

Collective fall arrest systems

Personal fall arrest systems

- Fall arrest Harnesses and Lanyards
- Fall distance and clearance
- Anchorage to tube and fitting scaffolds
- Suitable scaffold anchor points
- Unsuitable anchor points
- Inspection and maintenance of personal fall arrest equipment
- New scaffolding anchor devices for anchoring to standards
- Anchorage to proprietary scaffolding and falsework systems
- Guidelines for anchorage on other structures
- Anchorage to lightweight mobile access towers (MAT's)
- Trailing lanyards

Rescue

The SG4:05 Training DVD is now available to purchase priced £49.00 plus VAT (for NASC members) and £99.00 plus VAT (for non-members) (please see order form on the back of this flyer).

Other related SG4:05 publications available:

- SG4:You User Guide to SG4:05.
- The SG4:05 Management Guidance.

For further information please contact the NASC on tel: 0207 822 7400 or visit www.nasc.org.uk

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